

I Want to Know!

What does diabetes have to do with my mouth? Your immune system is often weakened by diabetes. As a result, your mouth is the target area for bleeding gums and as a result, germs begin multiplying there. When your blood sugars are high, it results in a lack of saliva in your mouth. You then have trouble processing salivary sugars. This can lead to mouth ulcers, which create bigger problems.



*Source: <http://www.diabetesandrelatedhealthissues.com/dentalhealth.html>

APRIL IS NATIONAL ORAL HEALTH MONTH!

Contact Rural Health Group to set up an appointment for your dental visit.

April Support Group Meetings

April 6, 2010—Littleton Senior Center: 11am–12pm

April 14, 2010—J.W. Faison Center: 10am–11am

April 14, 2010—Jordan Seaboard Center: 3pm–4pm

April 20, 2010—Halifax Health Link: 10am–11am

April 15, 2010—RHG at Scotland Neck: 12pm–1pm

April 22, 2010—Medical Clinic of Enfield: 12pm–1pm

All meetings are free and the public is always invited. You do not have to be a patient at Rural Health Group to attend!

Questions or concerns on what you've seen in here??

Call Marie Jones at 252-589-1036.

