

I Want to Know!

What is the connection between diabetes and stroke?

If you have diabetes, it's important to understand your increased risk of stroke. Multiple studies have shown that people with diabetes are at greater risk for stroke compared to people without diabetes regardless of the number of health risk factors they have. Overall, the health risk of cardiovascular disease (including stroke) is two-and-a-half times higher in men and women with diabetes compared to people without diabetes.*

*<http://diabetes.webmd.com/diabetes-stroke>

May is American Stroke Month!

Rural Health Group has information on the risks and symptoms of a stroke!

To request this information to be sent to you by mail, call Marie Jones at 252-589-1036!

May Diabetes Support Group Meetings

May 4, 2010—Littleton Senior Center: 11am-12pm

May 12, 2010—J.W. Faison Center: 9am-11am

May 12, 2010—Jordan Seaboard Center: 3pm-5pm

May 18, 2010—Halifax Health Link: 10am-11am

May 20, 2010—RHG at Scotland Neck: 12pm-1pm

May 27, 2010—Medical Clinic of Enfield: 12pm-1pm

All meetings are free and the public is always invited. You do not have to be a patient at Rural Health Group to attend!

Questions or concerns on what you've seen in here??

Call Marie Jones at 252-589-1036.

