

November is Diabetes Awareness Month

The RHG Health Disparities Initiative (HDI) program has coordinated activities in November to promote diabetes awareness in our area. We encourage you, your family, and friends to attend these activities! Mark them on your calendar!

Monday, November 16, 2009

Roanoke Rapids Public Library

319 Roanoke Ave

6 pm

A diabetes presentation will be held at the public library. The library has allowed us to use their display case the whole month to showcase November as Diabetes Awareness Month. Be sure to stop by and check it out!

Wed., November 18, 2009

“Come Alive After 5”

Northampton County Cultural & Wellness Center

Jackson NC

5 pm - 7:30 pm

We will have free diabetes screenings, educational materials, light refreshments, and a presentation on “The M&M’s of Diabetes”. This is sponsored in part by the Northampton County Health Department.

Friday, November 20, 2009

Walgreens in Roanoke Rapids

9am - 3pm

Walgreens will be administering free diabetes screenings while we provide educational materials.

Monday, November 23, 2009

Hispanic “Journey for Control” Class

RHG Roanoke Rapids Clinic

3 - 4:30 pm

A select few of our Hispanic patients will complete a “Journey for Control” session and be informed on portion sizes through the use of real foods! Invitations are being sent.

Tuesday, November 24, 2009

Drugco in Roanoke Rapids

9 am -12 pm

Drugco will be administering free diabetes screenings while we provide educational materials.